Section 6: Harm Reduction Services

This section will show you how to complete Section 6 of OCHART 2.0, Harm Reduction Services. This section is for any organization or program that provides harm reduction services for clients who use substances.

Remember, you can fill in any OCHART section on your computer, tablet, or smart phone.

Type "www.ochart.ca" into the address bar. Press "ENTER".

Avoid using Internet Explorer.
Try Google Chrome or
Mozilla Firefox.
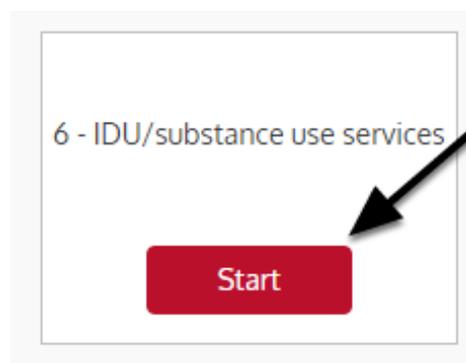
Type in your "Username" (your work email address) and your "Password". Click "Login".

You must have an existing OCHART account in order to login. If you are a first time OCHART user and do not have an account, go to the article titled, "Registration" for step-by-step registration instructions.

Click "Enter OCHART Data" (left side).

Click the "Start" button under "6 - IDU/substnace use services".

Q1. In the space provided, type the total number of unique and new clients by sex/gender you had during the reporting period and the total number of peers by sex/gender that were active in your program. Click "Next".

Section 6

IDU Outreach Programs

This section is to be completed by any organization or program that provides harm reduction services for clients who use substances.

1. Report the total number of unique and new clients by sex/gender you had in the past 6 months and the total number of peers by sex/gender that were active in your program.
**Note: Not Listed = a gender that is not one of the four options that are listed in the table below (e.g., genderfluid)

	Male	Female	Trans man	Trans woman	Not listed
Unique clients					
New clients					
Active peers					

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HOT TIP Click the save button at any time to save your data and exit the section.

A peer is an active or recently active person who uses substances and works with other people who use substances.

Q2. Enter the total number of times each service was delivered to clients by sex/gender during the reporting period. Click "Next".

2. Report the total number of times each service was delivered to clients by sex/gender in the past 6 months.
** Note: Clients are counted more than once in the 6-month reporting period.

Services provided	Male	Female	Trans man	Trans woman	Not listed
1. Indigenous traditional services (e.g., traditional teachers, healers, Elders, etc)					
Brief counselling (e.g., brief, focused, crisis intervention, 'just listening', or can include more formal counselling, can be done by phone/text/in-person, etc.)					
3. Harm reduction teaching (e.g., informal verbal and/or written harm reduction information, how to use the equipment, health teaching, etc.)					
4. Practical support (e.g., food, clothing, transit tickets, transportation to appointments/services, accompaniment to appointments, toiletries, help with identification documents, completing forms, etc.)					

◀ Previous	Next ▶		Save

 These services can be delivered by either staff or peers.

The same client can be counted in more than one service category, but only once per service category.

The total number of unique clients who accessed each service should not exceed the total number of unique clients reported in Question 1.

Q3. Enter the total number of client interactions made at each location by sex/gender during the reporting period. Click "Next".

3. Report the total number of client interactions by sex/gender made at each location in the past 6 months.
** Note: By client interactions we mean the number of times your services were accessed at each location.

Location	Male	Female	Trans man	Trans woman	Not listed
Needle exchange program (e.g., at your agency or satellite location of the needle exchange)					
Outreach locations					
Addiction programs (residential and day programs)					
Bars/night clubs					
Residences (e.g., client home, apartment/house, hotel/motel, friend's place, place where client resides, etc.)					
Community agencies/services					
Community public spaces (e.g., barbershop, hair dresser, bathhouse, massage parlours, etc.)					
Jails/detention centres/prisons					
Methadone maintenance clinics					
Parties/raves					
Pharmacies					
Streets/parks					
Mobile distribution from a van					

◄ Previous   Next ►   Save

 Note that clients interactions are the total number of times your services were accessed.

Q4. Enter the total number of referrals made to clients by sex/gender in the past 6 months. Click "Next".

4. Report the number of referrals made to clients by sex/gender in the past 6 months.
** Note: Clients are counted more than once in the 6-month reporting period. .

Referrals made	Male	Female	Trans man	Trans woman	Not listed
Addiction services					
Harm reduction services					
Clinical service providers (HIV care)					
Clinical service providers (urgent care)					
Clinical service providers (primary care)					
Clinical service providers (other)					
Mental health service providers					
HIV/STI testing					
Hep C teams					
Hep C testing other (non-Hep C team)					
Hep C treatment other (non-Hep C team)					
Community-based HIV service providers					
Other community-based service providers (e.g., faith-based services/spiritual support, social services, women-specific services, housing, etc.)					

◀ Previous   Next ▶   Save

Note that clients may be counted more than once during the reporting period.

Q5. Enter the total number of community clean-ups conducted during the reporting period (enter 9999 if this does not apply to your agency).

5. Report the number of community clean-ups you conducted in the past six months.
(This question is not applicable to all sites. If you do not conduct community clean-ups, enter 9999.)

Q6. Check all of the activities that peers were involved in with your programs during the reporting period.

6. Indicate the activities that peers were involved in with your program during the past six months.
(check all that apply)

- ☐ Community clean-ups
- ☐ Kit making (safer injection or safer inhalation kits)
- ☐ Harm reduction equipment distribution
- ☐ Harm reduction teaching
  (e.g., informal verbal and/or written harm reduction information, health teaching, etc.)
- ☐ Brief counselling (e.g., brief and focused, crisis intervention, 'just listening', or can include more formal counselling done by phone, text, in-person, etc.)
- ☐ Practical support
  (e.g., food, water, transit tickets, rides to appointments/services, accompany to appointments, help with getting ID and completing other forms, etc.)

Remember, a peer is an active or recently active person who uses substances and works with other people who use substances.

Q7. Enter the number of activities held to support peers during the reporting period and the total number of peers that attended those activities. Click "Next".

7. Report the number of activities held to support peers in the past 6 months

Peer support activity	Number of meetings	Number of peers that attended
Meetings for peers (includes debrief meetings after shift ends, monthly meetings, team and supervision meetings, etc.)		
Education sessions for peers (includes trainings for peers)		

◀ Previous   Next ▶   Save

Q8. Enter the numbers 1 to 5 in the boxes next to each substance to rank the top 5 most commonly used substances in your region during the reporting period. Click "Next".

8..Drugs of choice
Rank the top 5 substances most commonly used in your region by placing the numbers 1 to 5 beside your choice.

Drugs

Drug	
Alcohol	
Amphetamines	
Anti-depressants	
Benzodiazepines	
Cocaine	
Crack	
Party drugs (Ecstasy, MDMA, K, GHB, etc.)	
Heroin	
Inhalants (solvents such as petrol, glue; aerosols such as spray paint, gases)	
Marijuana (recreational use)	
Marijuana (prescription/medical use)	
Methamphetamine (e.g., crystal meth, ice, etc.)	
Opioids: fentanyl (patch)	
Opioids: fentanyl (bootleg)	
Opioids: heroin	
Opioids: hydrocodone	
Opioids: hydromorphone	
Opioids: methadone (prescribed)	
Opioids: methadone (non-prescribed/diverted)	
Opioids: suboxone (prescribed)	
Opioids: suboxone (non-prescribed/diverted)	
Opioids: morphine	
Opioids: oxycodone	
Steroids	
Non-beverage alcohol (e.g., Listerine, other mouthwash, cooking wine, hand sanitizer)	
Other, please specify:	

◀ Previous   Next ▶

Q9. Enter the number of harm reduction resources distributed to clients who use substances during the reporting period. Click "Next".

9. Harm reduction resources distributed
(Note: this is related to equipment you distribute specifically to clients who use substances)

Safer injection equipment	Number distributed	Safer Inhalation Equipment	Number distributed	Other Equipment	Number distributed	Safer Sex Supplies	Number distributed
Cookers		Glass pipes/stems		Crystal meth pipes		Condoms	
Filters		Lip balm		Straws		Lube	
Needles		Mouthpieces		Foils (for smoking)		Dental dams	
Sharps containers		Screens (single)					
Alcohol swabs		Wooden push sticks					
Tourniquets/ties							
Vitamin C/acidifiers							
Water for injection							

◀ Previous   Next ▶   Save

Q10a - 10b. Answer the narrative questions about substance use services. Report any changes your agency has noted in shifts or changes in demand for HIV/IDU/ substance use services during the reporting period and explain what your agency has done to respond to those emerging trends.

HOT TIP: Save your words and use point form, but start each point with a "*".

10a. Shifts/trends

During this reporting period, have you identified any shifts or changes in demand for HIV/IDU/substance use services?

These shifts/changes can be positive (successes) or challenges encountered in your work.
(e.g., client age, gender or ethnicity, drug of choice, type of service requested/provided, changes in social attitudes in the community/access to harm reduction programs, access to mental health and addiction services, changes in policing practices)?
*(maximum 250 words, point form acceptable, use a * to start each new point/line. Do not use a hyphen.)*

10b. Response to emerging trends

How are you responding to these emerging trends (e.g., change in programming, new partnerships, requests for funding)?

*(maximum 250 words, point form acceptable, use a * to start each new point/line. Do not use a hyphen.)*

◀ Previous   Save

You cannot exceed 250 words in each response so use point form if needed.

Click "Previous" to review and change answers to past questions. When you are finished, click "Save" to save your work and exit the section.