TOP 10 INFORMATION PRIVACY & SECURITY FUNDAMENTALS BEST PRACTICES

- 1. ALWAYS lock your screen when you are away from your computer. ("Windows Key + L" or "CTRL+ALT+Delete" then "K").
- 2. LOCK YOUR SCREEN to make it difficult for casual visitors at your desk and in your office to read the content displayed on your computer monitor.
- 3. Ensure that your computer has a SCREEN SAVER that activates after a predefined time and requires a password to reactivate.
- 4. PASSWORDS should not use acronyms, birthdays, sequential numbers, names of family members or pets, etc. and they should not be written down.
- 5. EVALUATE YOUR SURROUNDINGS when discussing sensitive personal information in earshot of other staff or clients.
- 6. KNOW TO WHOM YOU ARE DISCLOSING INFORMATION; it may be necessary to verify with a third-party or call back using the listed number for that individual or organization.
- 7. DO NOT FORWARD SENSITIVE MATERIALS to your personal email address or email personal information among coworkers in the office.
- 8. NEVER LEAVE your laptop/smart phone or similar items in view in the car or UNATTENDED when travelling.
- 9. IF YOU PRINT SOMETHING, RETRIEVE IT IMMEDIATELY. Do not leave originals in photocopiers or fax machines. All sensitive waste should be placed in secure shredding devices.
- 10. ROUTINELY ASSESS VULNERABILITIES in your environment and help one another become more security conscious by respectfully challenging insecure practices.

This document is meant as a guide for you to develop you own security best practices. It is based on a document developed for health service agencies in Ontario and is aligned with the Personal Health Information Protection Act (PHIPA), 2004.