

# HIV Treatment



## Topics covered

Week 1 How HIV Treatment Works

Week 2 Taking HIV Treatment

Week 3 Supporting People on their HIV Treatment Journey

Online Meeting: "HIV Treatment: Implications for front-line workers"

## Target audience

This course is geared towards front-line service providers who work with people who are living with HIV. Participants should have a basic understanding of HIV before beginning this course.

## Time commitment

Participants should expect to commit 1 hour per week to complete all assigned online activities. The online meeting is a 2-hour event.

## Technical requirements

- Desktop, laptop or tablet computer
- Internet connection
- Up-to-date Firefox, Chrome or Safari web browser. *Note: this course cannot be completed with Internet Explorer.*
- Valid email address

## Course Overview

CATIE's *HIV treatment* course aims to develop in-depth knowledge of HIV treatment for front-line service providers working with people who are living with HIV. Throughout this course, participants learn how HIV treatment works in the body, what being on HIV treatment means, how HIV develops drug resistance, and how to support clients on their HIV treatment journey. By exploring different drug regimens and the importance of adhering to treatment, participants will leave this course with strategies on how to support people who are newly diagnosed, starting treatment, changing treatments, and staying on treatment.

This course is delivered by a CATIE regional health education coordinator, providing instruction through a combination of online interactive e-learning units, discussion board assignments, and an online meeting.

Participants are requested to complete all online activities prior to attending the online meeting.

Learners will receive a certificate upon completion of all learning activities.

## Learning objectives

At the end of the course, the learner will be able to:

1. Explain how HIV treatment works
2. Describe the benefits of HIV treatment
3. Support clients beginning, switching, and staying on HIV treatment
4. Communicate the importance of adhering to HIV treatment

For more information contact a Health Education Coordinator:

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# Weekly Modules

## Week 1: How HIV Treatment Works

At the end of this unit, the learner will be able to:

- Describe the health and prevention benefits of HIV treatment.
- Explain the progression of untreated HIV.
- Describe how HIV infection is monitored.
- Explain how HIV treatment works.
- Describe how HIV treatment is monitored.

## Week 2: Taking HIV Treatment

At the end of this unit, the learner will be able to:

- Describe HIV treatment regimens.
- Explain why adhering to HIV treatment is important.
- Describe how HIV develops drug resistance.
- Describe the factors that are considered when selecting an HIV treatment combination.
- Identify common side effects of HIV treatment.

## Week 3: Supporting People on their HIV Treatment Journey

At the end of this unit, the learner will be able to:

- Describe the treatment-related issues that people living with HIV face.
- Support people living with HIV in beginning, switching, and staying on treatment.

## Online Meeting: HIV Treatment: Implications for front-line service providers

This online meeting will contextualize the information learned in the online modules and provide an opportunity to delve deeper. Participants are invited to come together for an interactive and enriching online session where they can learn, share, and discuss how this information can be applied to their daily work. This meeting uses webinar technology and takes place after the three-week course.

