



# ARE YOU IN A SERODISCORDANT RELATIONSHIP, WHERE ONE PARTNER IS HIV-POSITIVE AND THE OTHER PARTNER IS HIV-NEGATIVE?

The AIDS Committee of Toronto (ACT), Family Service Toronto (FST), Mt. Sinai Hospital, the Centre for Spanish Speaking People (CSSP), and the Village Family Health Team are conducting research into group support programs for serodiscordant couples. As part of this research, we are developing a pilot psychoeducational support group for gay and bisexual men in same-sex serodiscordant relationships.

We are looking for couples (you and your partner) to participate together in a 10-week support group. You will also be asked to participate in planning and evaluation activities for the group.



Some of the issues that could be discussed in the group include sex and intimacy, transmission of HIV and STIs, treatment, stigma, disclosure, and mental health.



Your participation may help to improve or develop programs and services for serodiscordant couples.



If you are interested in participating, or have any questions, please contact Andrew Eaton, ACT's Group Programming Coordinator, at **416-340-8484 ext. 283** or by email at **[aeaton@actoronto.org](mailto:aeaton@actoronto.org)**



This project has received approval from the University of Toronto HIV Research Ethics Board and the Mount Sinai Hospital Research Ethics Board. If you have any concerns of questions about ethical issues related to this study, please contact:

**UNIVERSITY OF TORONTO RESEARCH ETHICS BOARD**  
✉ [ethics.review@utoronto.ca](mailto:ethics.review@utoronto.ca) ☎ 416-946-3273

**MOUNT SINAI HOSPITAL RESEARCH ETHICS BOARD**  
☎ 416-586-4875

