What personal attributes influence the disability experience for adults living with HIV? A structural equation model analysis using data from the Ontario HIV Treatment Network Cohort Study

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HIV and Comorbidities
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CHANGING THE COURSE OF THE HIV PREVENTION, ENGAGEMENT AND TREATMENT CASCADE

TORONTO

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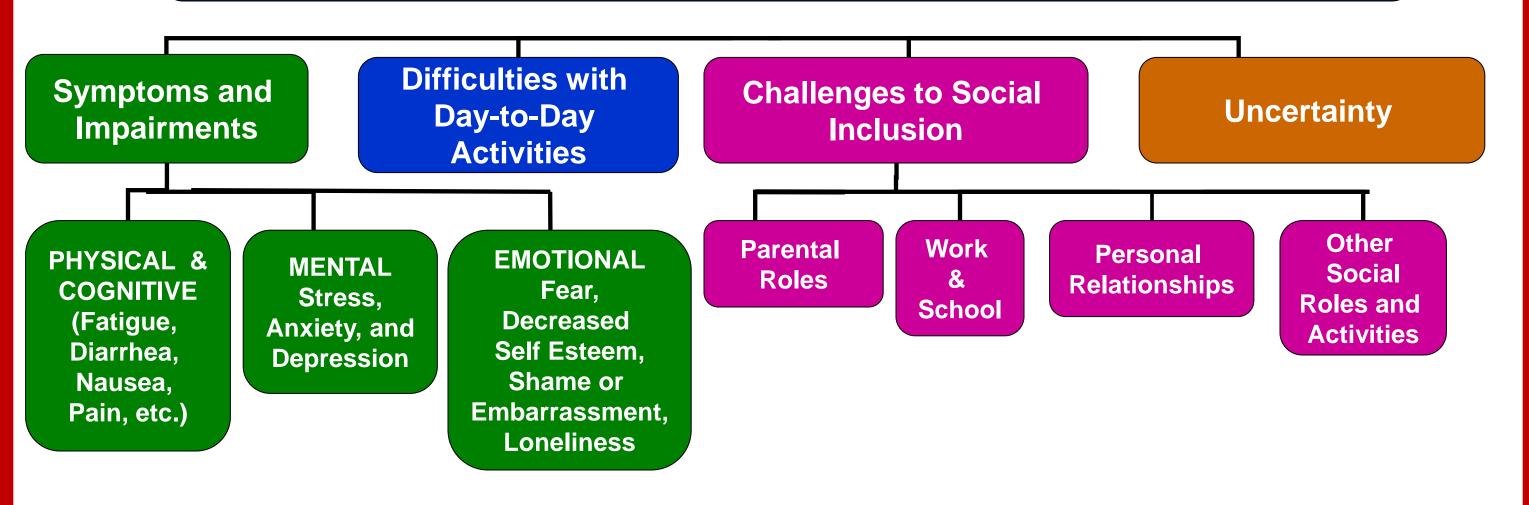
#### **Data Linkage**

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## What is Disability? Episodic Disability Framework

## **Dimensions of Disability**





## **Research Question**

Do relationships between dimensions of disability vary based on personal attributes among adults living with HIV?

- Age
- Gender
- Antiretroviral Use
- Length of Time since HIV diagnosis



## Methods

- Ontario HIV Treatment Network Cohort Study (OCS)
   <a href="http://www.ohtncohortstudy.ca/">http://www.ohtncohortstudy.ca/</a>
- Structural Equation Modeling (SEM)
  - Statistical technique used to test theoretical models that indicate relationships between latent variables and observed variables.
  - Latent variables = dimensions of disability in the Episodic
     Disability Framework
  - Observed variables = OCS measures



## The Sample (n=913)

Adults living with HIV who completed an OCS Extended Questionnaire between ~October 2007-March 2009.

#### Gender:

83% men, 17% women, <1% other

### Median Age:

47 years (IQR: 12 years) Range: 18-85 years

### Median Length of Time Since Diagnosis:

11.2 years Range: ~2 months-26 years

### Ethnocultural Background:

White (68%), Black African (18%), Asian/Latin American/Arab (12%), Aboriginal (2%)

### **Employment:**

Currently employed (45%), student/retired (12%), volunteering (25%), income support (32%), unemployed (9%)

## Phase 1: A Priori Measurement Model

Physical
Symptoms and
Impairments

Mental Health
Symptoms and
Impairments

Difficulties with Day-to-Day Activities

Challenges to Social Inclusion

#### n=25 OCS Variables

- ●HIV SI Loss of Energy
- ●HIV SI Chills or Sweats
- ●HIV SI Feeling Dizzy
- ●HIV SI Pain
- ●HIV SI Nausea
- ●HIV SI Difficulty Sleeping
- ●HIV SI Cough
- ●HIV SI Headache
- •.....
- •SF-36 Bodily Pain
- •SF-36 Vitality
- ●EQ-5D Pain
- •HUI Vision
- •HUI Hearing
- •HUI Speech

•....

#### n=11 OCS Variables

- •HIV SI Trouble Remembering
- •HIV SI Felt Sad
- ●HIV SI Felt Nervous
- •SF-36 Role Emotional
- •SF-36 Mental Health
- •MOS Cognitive Function
- •EQ-5D Anxiety and Depression
- •CES-D
- Ongoing Problems Stress Index
- •HUI Emotion
- •HUI Cognition

#### n=8 OCS Variables

- •SF-36 Physical Function
- •SF-36 Role Physical

#### **Function**

- ■EQ-5D Mobility
- •EQ-5D Self Care
- •EQ-5D Usual Activities
- HUI Mobility
- •HUI Self Care
- •HUI Ambulation

#### n=13 OCS Variables

- Dwelling
- •Belonging in Neighbourhood
- Home Good Location to Live
- Control at Home
- •Employment Status
- Difficulty with Housing Costs
- Worry about Moving out of Home
- Educational Level
- •Gross Personal Income
- •Gross Income
- Sources of Income
- Occupational Category
- •SF-36 Social Function

## Results: Measurement Model

Dimensions of Disability represented by 43 OCS variables

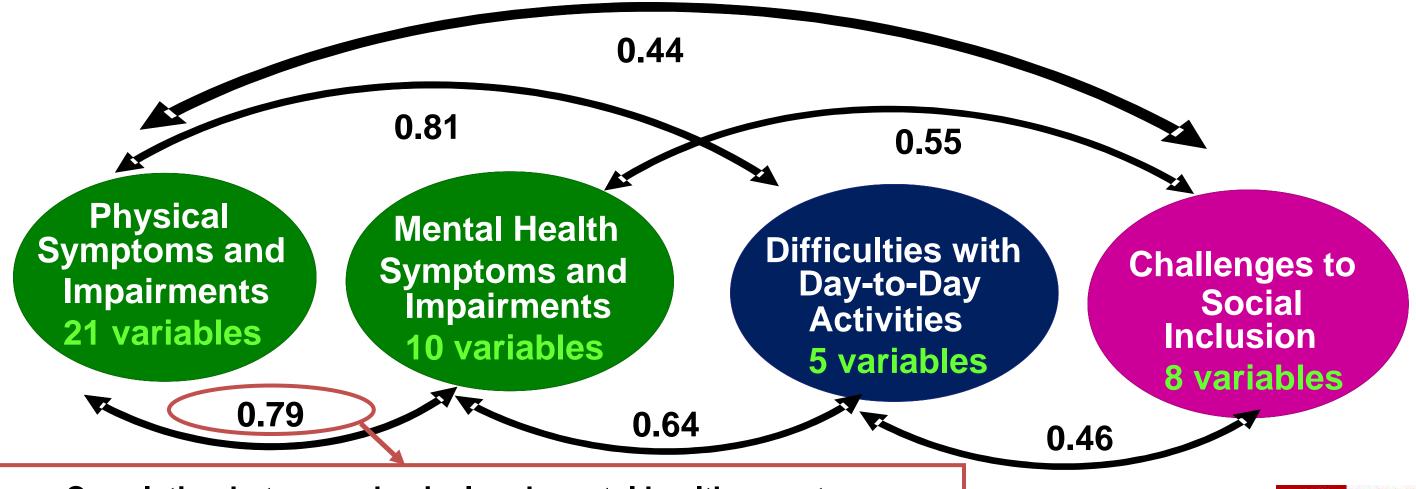
#### **Overall Goodness of Fit Indices**

Comparative Fit Indices (CFI): 0.912 (ideal is >0.90)

Tucker Lewis Index (TLI): 0.907 (acceptable is  $\geq$ 0.90)

Root Mean Square Error of Approximation (RMSEA): 0.048 (ideal is ≤0.05)

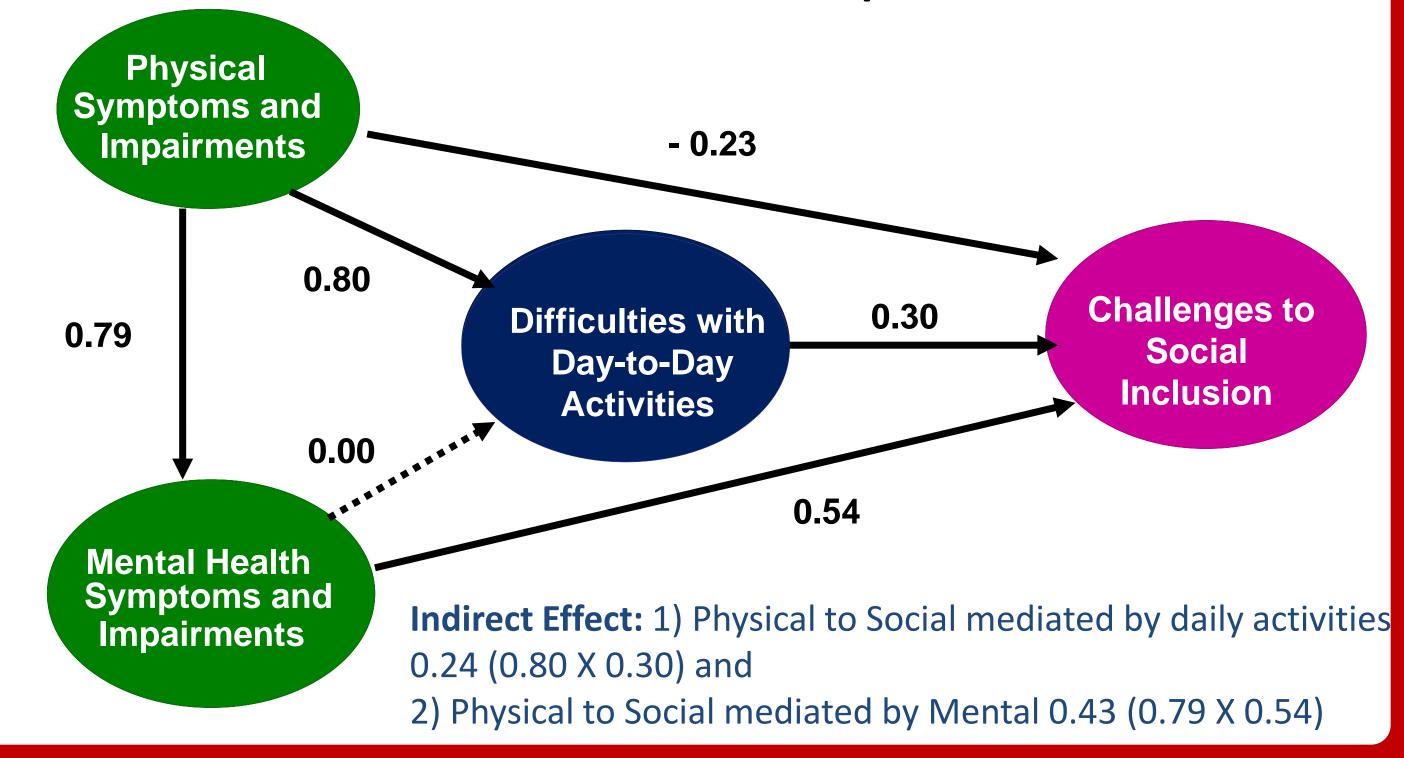
Correlations between Dimensions of Disability (Latent Variables)



Correlation between physical and mental health symptoms

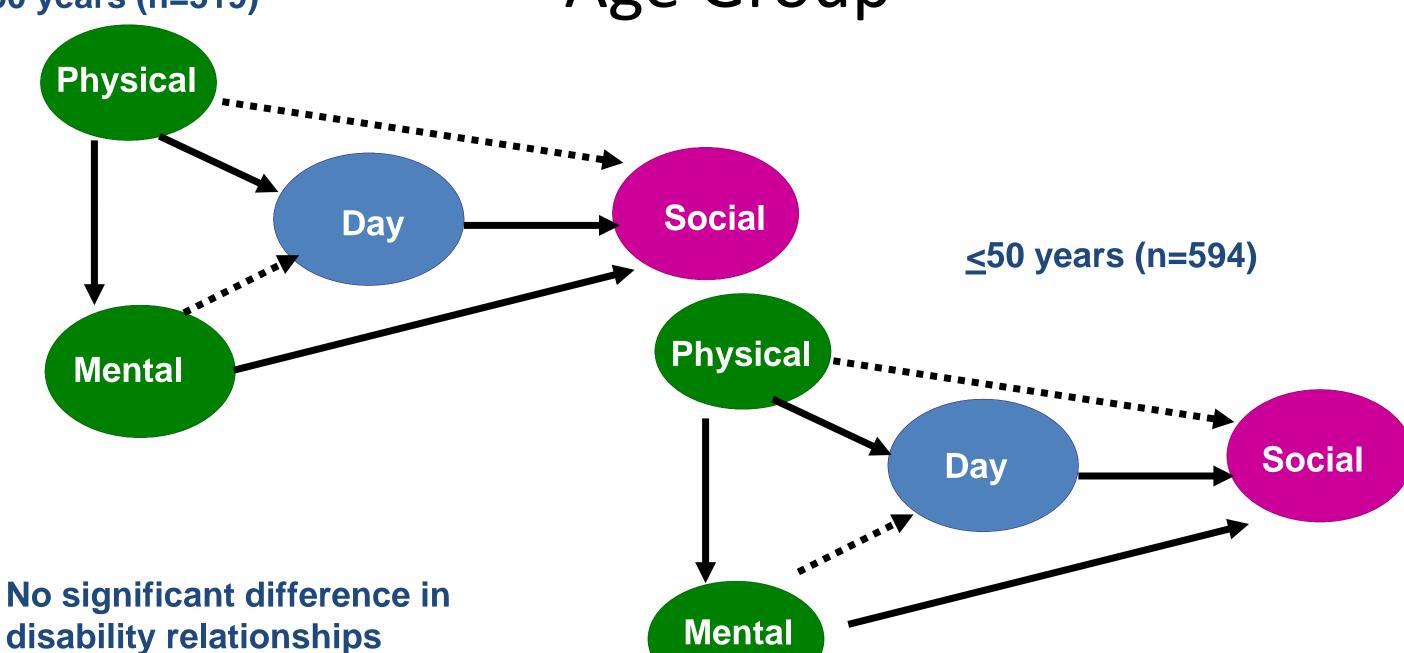


## Phase 2: Overall Structural Equation Model



#### >50 years (n=319)

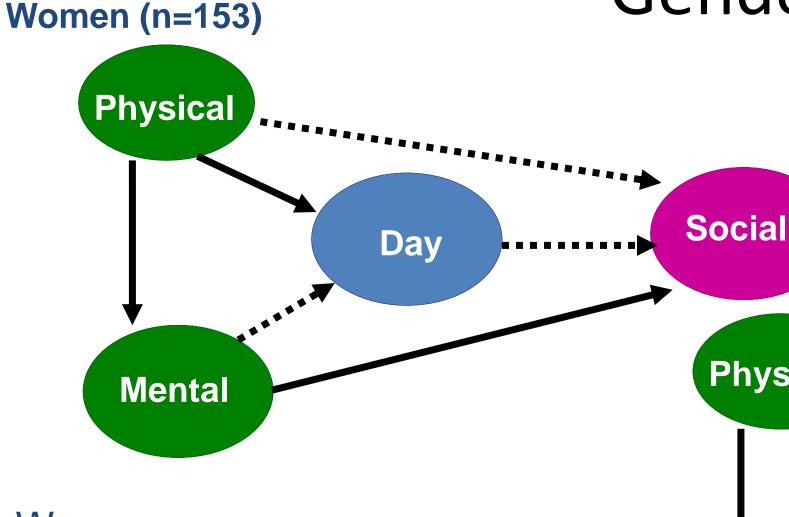
## Age Group



\*\*Unstandardized Estimates



## Gender



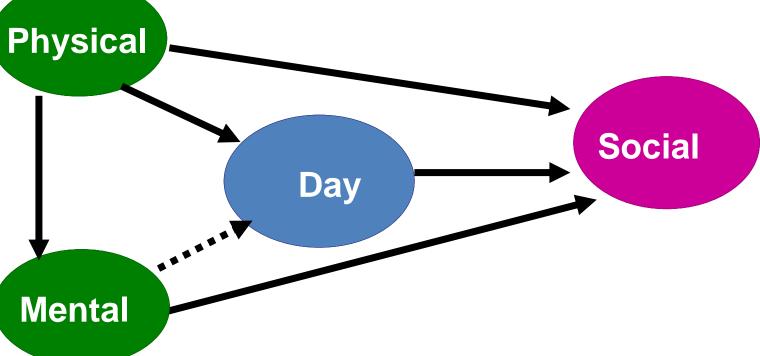
### Women:

Relationship to social entirely driven by mental. Physical to social mediated by mental.



Mediated relationship from physical to social via day and mental.

Men (n=757)

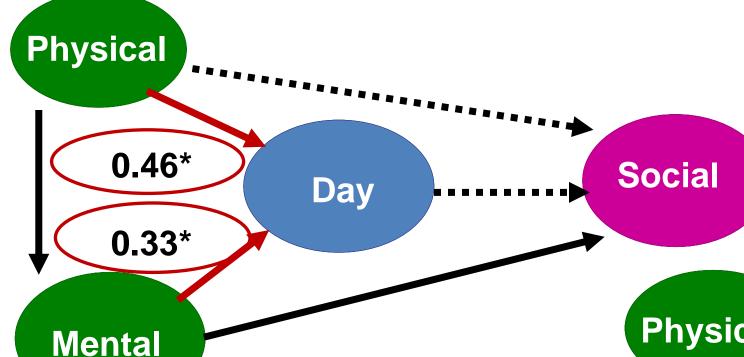






## ARV Use

Not taking ARVs (n=130)



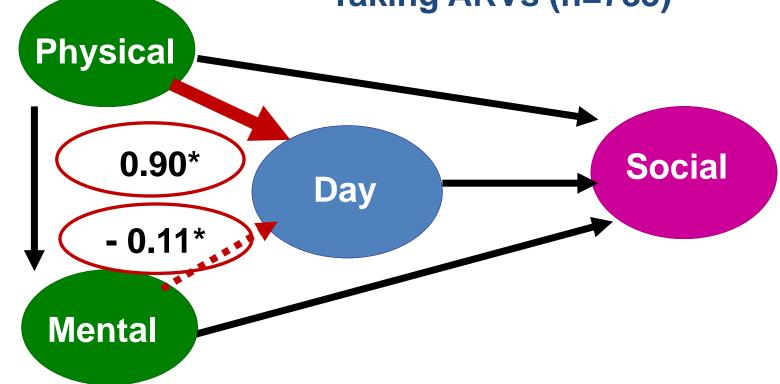
### Taking ARVs:

- -Mediated relationship from physical to social via day and mental.
- -Significantly stronger relationship between physical and day

Taking ARVs (n=783)

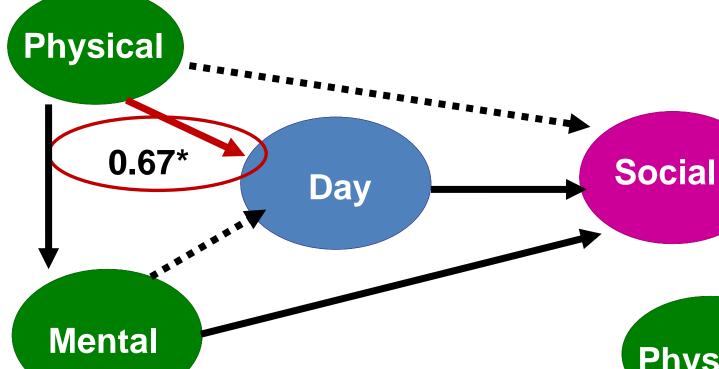
### Not taking ARVs:

- -Relationship to social entirely driven by mental.
- -Significant relationship between mental and day





Diagnosed after 1996 (n=267) Year of Diagnosis



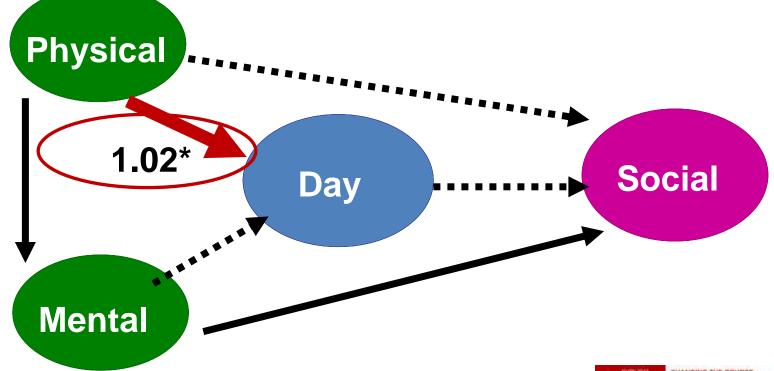
Diagnosed after 1996 -Mediated relationship from physical to social via day and mental.

Diagnosed 1996 or prior:

-Relationship to social entirely driven by mental.

-Significantly stronger relationship between physical and day

Diagnosed 1996 or prior (n=444)





## Conclusions

### **Overall SEM Model of Disability**

 Relationship between physical to social mediated by difficulties with day-to-day activities and mental health challenges with mental health having ++effect on social inclusion.

#### **Personal Attributes - Contextual Factors**

 Results suggest the relationship between physical symptoms and difficulties with day-to-day activities is strengthened for people taking ARVs and those with a longer time since diagnosis (moderating effect).

### **Implications for Practice**

- Combination of physical and mental health interventions should be considered to help enhance social inclusion for adults living with HIV.
- Considering personal attributes such as ARV use and length of time since diagnosis are important in understanding the disability experience.



## Strengths and Limitations

## Strengths

Rich data source of measures that captures three of four dimensions of disability in the episodic disability framework

- Physical, mental and cognitive symptoms
- Difficulties with day-to-day activities
- Challenges to social inclusion

## Limitations

- Looked at attributes in isolation
- Not captured in model (or OCS)
  - Uncertainty
- Primarily 'healthy' cohort living with HIV
- Limited to data collected from Toronto



## Current and Next Steps

- 1) How do contextual factors (stigma, social support, living strategies) influence the dimensions of disability?
  - moderating or mediating factors?
- 2) Examine the potential episodic nature of disability
  - longitudinal SEM analysis
  - What dimensions of disability are episodic?
  - How are episodes of disability experienced?
- 3) How is disability experienced across among adults with HIV across different classifications of HAND?



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